

Living At High Tide

To live at your Full Potential and Fulfilling Your Purpose

Deliverance from the State of Disappointment and Discouragement

6.17.2010

At Vallecito Lake, near Durango, in Colorado



G.W.P. Photo

My husband and I and two very old lady dogs came to visit Colorado for the summer in our RV to escape the humid Georgia weather. Or so we thought. We came to see and ride the Narrow Gauge Train to Silverton from Durango that my husband, George, had wanted to experience for many years. We enjoyed that and visiting Durango, and were coming up to Five Branches Park at Lake Vallecito in the San Juan Mountains to fish and rest for a few days. Here we discovered this beautiful, clean place.

The clean, fresh scent of cedar was in the air as we drove up the steep winding dirt road towards the park. A bird was flying along in front as if leading the way and also checking us out as to coming into her beloved place. I wondered if this was

an Indian way of greeting or if the Holy Spirit was using this little bird. I looked around and said, "Oooh, no wonder the Indians considered this place sacred and fought for it." The waiting, wild, tall purple flowers surrounded us, waving their hello and welcomed us in. We got into our parking spot and sighed at the sight of the surrounding mountains rising protectively from the deep blue lake's clear rocky edge only a few feet from our RV. The cooling summer breeze refreshed us, and the sparkling waves lapping high against the shore sent shivers of peace through our souls.

Simplicity and smiles of contentment reverberate here. This is in sharp contrast to the complicated hustle and bustle of the usual life. I thought we just came to enjoy the weather and mountains in CO. for the summer but the Lord had additional plans while we experienced this bit of Heaven on earth. Yes, God can and does use the natural things to show you what is happening in the spiritual.



G.W.P. Photo

Our neighbor shared his catch of fish for the day with us. In the evening we cooked out on the fire by the lake and dined. As Jesus invited his guests on the beach after his resurrection, I will call to you now as He did then, "Come and dine". Come and dine on His beneficial lessons for us to be even happier and healthier.



Mountain:

A natural elevation of land rising more or less abruptly to a summit, and attaining an altitude greater than that of a hill

The San Juan Mountain range was rising protectively and solidly around us as we began our journey to stop, look, and listen to what God had for us in this moment of time. Attaining a greater "altitude" of viewpoint and resulting attitude was a welcome thought. We could see the Summit. There was snow on top, even in the summer. The breeze in our faces from off the water refreshed us as we began our lessons of "ascent".

I remembered that at the first of the trip to CO. I read out of God Calling, June 2nd, about us "drinking the wine of sorrow and disappointment, and that 'original' man shrivels up and dies, and then upon that soul 'His Divine Image' is stamped." I thought that how fitting this was for the books I have written about His Image released in us, and all the sorrow and disappointment experienced, both Godly and worldly kind, and that I am thankful for His work in me but...for now, I'd rather drink something else this trip, if He would not mind.



On the trip from Durango, CO. to Lake Vallecito, He caught my attention anyways, and I started writing things down as we drove. He was touching some deep old place in me and I began to cry. The beauty of this place was relaxing me enough to see and hear His point to me that I needed to deal with something old in a new way.

I had purchased a challenging, humorous book in Durango about how to change your "stinking attitudes". I thought I bought it for George as a joke, but it was really for me! In one place the author said to "dummy down your expectations if you feel like a failure, as the government does it", and I laughed, but I told George, maybe at least changing my viewpoint of the expectation and the resulting outcome may help one to feel successful.



The Lord was about to teach me how to clarify my purpose on earth and live at the culminating point of its fulfillment, as the analogy of "*at a continual state of High Tide*".

Yes, the Lord can use analogies or symbols of earthly things to teach you. There is a scripture, Rom.1:20, my late friend Evelyn used that said to watch what is happening on the earth, for similar is happening in the spirit.

"For the invisible things of him in the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and GodHead, so that they are without excuse," Rom.1:20 .

There was an old deep hurt the Lord was about to transform by freshly blowing upon my new shoreline viewpoint from His Mountain vantage point. As the Word said, I am without excuse, for I see His beautifully created signs and welcome them and the lessons intended for me to receive for being more like Jesus in this earth vessel as in Heaven, with open arms and heart, as a trusting child to its parent.



G.W.P. Photo

George and I were standing by the water's edge. Since he grew up in south Florida near the ocean, he said, "It looks like high tide." and I said, "This is a lake though, it stays this way. But is this what would it be like to live at 'high tide'? Can we live at 'High Tide'? Hey! That sounds like a book title, doesn't it?"



My George looked up and smiled at me. So here it is.



I will start with my trusty old Webster's Dictionary meaning. I always think I know a meaning, but the old dictionary, plus the Holy Spirit, always adds additional light on it. Yes, the Lord can use plain old dictionaries to teach you, too!

High tide:

Tide at its highest level of elevation, time of high water, a culminating point

Potential:

A latent excellence or ability that may or may not be developed

Purpose:

The reason for which something exists

Deliverance:

Liberation, salvation

Ok, I get the point. Something is stopping me from living up to my full potential and fulfilling my purpose. The Lord is opening my understanding to see that it can be done by His Grace if I trust Him and follow along receiving. He started blessing a believing people with His Highest spiritual blessings at His ascension time, Lk.24:45-53, to be worshipers and witnesses of Him. Sure sounds good to me to be included. Jesus had no encumbrances and lifted up in freedom,

ascending to the throne. Is this my time to *be free and lift up*, so to speak, In His Name?

People have told me I go forward and then retreat, go forward and retreat, so maybe this is dealing with that. Like the tides, there is a back pull for some reason. The moon rotates and pulls and the water responds. Some 'old planet' is maybe rotating and pulling me back, so to speak, when the Lord wants me to remain at full pool tide water and reflect His Beauty in the crystal clear, deep water with its waves always moving in the breeze and His SonLight sparkling the promise of His refreshment, on their surface. "How do I get from where I am to this new place of living and then stay there, Lord?"

Usually George and I live and work together very joyfully and cohesively, but on the second day here, George and I got frustrated with each other when I asked him to open his pump bottle of hand lotion that was stuck. The high altitude had put new pressure in all the bottles and exploded a bit in opening them. A new "pressure" was upon us also from a higher altitude yet than ours.

I was asking him to multi-task one task more than he could do, and did not realize it, until he said, "AMY, I am doing this already, AMY ..." Well, he was right I need to be more observant, considerate, and wait. I did.

Later I asked him if he could please speak to me without "taking my name in vain" in frustration. I told him I hear the points he makes to me, but it hurts me to hear my name unpleasantly used like he is stomping on it, or hitting me with it. He agreed. He is a fun, kind, teachable fellow, thank heaven. My name is supposed to mean "love". By Grace he would try to remember to use my name kindly.

Then the next day in my God Calling book, June 17th, I read about using the Name of Jesus. "Use it more often, but use it tenderly, use it prayerfully, use it powerfully." The Name of Jesus is above all Names of everything in the Heavens, the earth, and under the earth, and this includes mine. I will remember this lesson, because I know what it feels like to have your name used against you harshly. This reminded me that Jesus' Name is vital to use (tenderly, prayerfully, and powerfully) in the journey of going from where and how I am currently living, to this new Heavenly Place where God wants me to live and stay at 'High Tide'.

While visiting the city of Durango, we had purchased a CD to send my sister for her 50th wedding anniversary and a new worship CD for us. I put in the Faith, Hope, Love, a Hillsong CD and a sweet voice playing a piano wafted out about

"you give me Hope and make me whole at the Cross..." It swirled about me and caught me up and I swirled with it in response, smiling, as with the dance of this sweet voice of simple faith and trust that I was so gladly hearing.

His Presence and His SonLight was coming forth in my understanding. I realized as I swirled, that the Lord was using all three areas quickly, as before He had taken the time to teach me each area in depth. A time of Prayer, then Study, and then Praise; these are the three.

I remembered I wanted to somehow touch hearts simply as this little singing voice had touched me and caught me up into a portion of the Living God's Presence. I experienced His Presence and wanted others to enjoy Him also while they live on earth and learn their lessons. In the short time of one song, I realized how profoundly disappointed I was.

In a split second the Lord opened my understanding to many expectations and disappointments that came from the results of being yielded and obedient to His intense teaching times of Prayer, Praise, and Study. The results were not what I was taught by pastors, teachers, others, in the Body of Christ, that they should be, and some of my own expectations of results were off. I spent years as a prayer person in the church, years as a worship leader, and years as a teacher of all ages. Then for years I wrote what I had learned as best I could, while I was caregiver to my late husband, who was ill and dying.

Now it all came crashing in on me that I felt I was disappointed and discouraged, first the one, now the other too. I loved and appreciated the Lord. That did not change. This certainly was not His fault, but my reason to be here for Him on earth, in my viewpoint, was a bust. If all these lessons were for me only, ok, but if they were to help others, nah, I missed it somehow. I knew His Love lived in me for Him, myself, and people, so that was intact, but how could I be in this "state" like auto pilot and not realize it?

The CD was over and things were coming to my memory, so I jotted them down. I shared one childhood memory with George. Oh, this was something old. Little Amy experienced her Gramma and sister die a few weeks apart, after she had tried to pray for them. She concluded she was not good enough or did not know how to pray or they would have lived. She was just not heard by God. So she spent years trying to be goody two shoes to help her grieving family. She tried many things and ways to help, but nothing, including her, could take the place of the loved ones being gone and make them a happy family again. This was before information about grief and counseling for it. Therefore, she concluded it was her fault. She was not enough.



When I finished sharing, I looked up these words glaring in my mind *and found Jesus sharing with me*. He wanted little Amy free to see clearly at last and adult Amy Alexandria floating with the full pool of her potential In Him and living at High Tide, always going forth In Him for His Glory. I pray He will be with you now and do the same, and more, for you.

Webster's Dictionary

Disappoint:

To fail to fulfill the expectations or wishes, to defeat the fulfillment of hopes

Disappointed:

Discouraged by the failure of one's hopes

Disappointment:

**The state of feeling or being disappointed (by things or people)*

Discouraged:

To deprive of courage, hope, confidence, to dishearten, dispirit, or dissuade, to obstruct by opposition, to hinder, to express disapproval, to frown upon

Discouragement:

**The state of being discouraged*

Depress:

Sad, lower in spirits, gloomy, downcast, flattened

Depression:

**A state of being depressed. A sunken place, sadness, gloom, dullness, dejection, withdrawal. A low state of functional activity*

Fear:

Distressing emotion aroused by impending danger, pain, evil, real or imagined, feeling afraid, anxiety, concern, worried

Fail:

To fall short of success, or achievement in something expected, attempted, desired, or approved, to be deficient or lacking, or insufficient, to lose strength, or vigor; weak, to stop functioning, to be made useless

Fear of Failure:

Fear of Lack of success, real or imagined

"A STATE OF". Well I did not like the sound of that. Being stuck inadvertently in this "state" was not acceptable. The "State" of Grace is though.



**Vision of St. John of the Cross of Christ's finished work on the Cross from God the Father's Viewpoint
by Salvador Dali**

I know for sure Jesus took all our weaknesses upon Himself on the Cross, that by the Grace of His Already Completed Work, we receive His Strength in all areas. We put each and all our personal lack –the weaknesses of body, mind soul, spirit, relationships, sexuality, education, finances, gifts, callings, businesses, leadership, to name a few, into His Cross in prayer, and we receive by faith and thanksgiving, His complete strength in us. This takes time and practice. Christ is already complete in us as Christians, Col.2:10, but it takes time for us to realize He is there in all of His Glory in our being and lives. Christ in us is our potential. Our reality check is that Him living in us really is greater than the world and everything that has a name: everything in the Heavens, earth, under the earth, and our flesh with all its desires and doings, is included in this. His Name really

has *all* power and *all* authority over *all* things created. He is "Creator", as part of the Trinity; we are His "creation". We realize this time and time again as we are given "showers of opportunities" to receive, release and grow, by His Loving Grace, in the knowledge of the reality of Christ being formed In us for His Glory.

There is no failure *In Christ*, nor is there failure in this same *Jesus Christ, In us*.

What is stopping us from living at full potential then? We just fear it, and fear has no power or authority anymore because of Jesus and His Already Completed Work of the Cross. We receive Jesus' Name, His Power and Authority. We receive (fill up to full potential) and flow (stay at High Tide) in His perpetual triumphant Power.

I had a friend tell me when I doubted the success of a project I was doing with a group, "You are more than enough; the deficiency is in the others." That set me free to believe for Grace to be sufficient for all of us, and if there was a deficiency, Jesus would fill in the gap, or redeem the situation somehow. I had not seen the whole picture. My viewpoint was limited and success was obscured.

The Lord is who opens the apertures of our eyes in our understanding and sends SonLight in for change and new growth in our realization of His wonderful self living in us. Jesus becomes Lord of our viewpoint of all things, areas, people, and times.

I am wondering as I write this, how can I know this wisdom and truth of Christ, and still be stuck in a state of disappointment/discouragement/with fears of failure? What is wrong with this picture? Jesus has taught this heart well. Hmmm. "*Teach me, Lord.*"



I see now that disappointment/discouragement/fears of failure is an old state of being for little Amy. Older than my knowledge of Christ in me. It made its dark foundation and fortress in me before I received Christ's Higher knowledge.

When I was a little kid, and I prayed for my Gramma and sister and they both died in a few months of each other. My birth family went out of the laughing sunshine and into the deep darkness of grief like someone came in the house and pulled all the shades down, shut the curtains, and left the lights off for years. Happy, lighthearted, loving people went tearful, depressed, angry, caustic and cynical. They all "went away" in their own way, some literally. As an eight year

old, I felt deserted as if I was the only family member left. That seemed to be an utter failure of my prayers. I concluded then that my conversations with God must have been deficient, weak, lacking knowledge. I remember as a kid thinking that if I would have been taught, I might have been heard. I did know the Lord's Prayer, but that seemed to be for me, not others.

I needed to "see" this clearly now and act upon the old fortress in little Amy with the anointing of new SonLight realization and Grace, and let her go free of old continuing cloudy expectations of failure, disappointment, and discouragement. In Jesus Name, her prayers *are* heard. The State of disappointment, depression, and fear of failure, is OVER.

In fact, prayer was the first area of knowing Christ, revelational SonLight study was second, and praise third, and the thread that tied them all together was prayer. So what was my stronghold fortress against me to begin with was meant to be my strength In Christ. My weakness now becomes my strength In Him. How often I have heard a person thinking that what their calling really is, they consider worthless, or an impossible thing for them. Some auto pilot thinking from youthful impressions, opinions, well intentioned but wrong teaching (some Christian) or examples; some earlier thinking that stops the fulfillment of their purpose.

Even when later prepared and filled with the wisdom, knowledge, understanding, and anointing of God, the viewpoint of full potential can be undermined by the previous dark, hopeless stronghold foundation. *Until the Holy Spirit reveals it and dissipates the old darkness with His SonLight glaring.*

We went to the *Woodland Park Christian Art and Music Festival* in Woodland Park, CO. in June. Galen Beaver was coordinating the Festival. He did a marvelous job. I believe he started this yearly Festival years ago as a worship leader in a local church there. Anyone that can go, do. It is a wonderful experience.



Galen Beaver

I wondered if this was a test of not being disappointed, but having *a new viewpoint*. I expected it to be a larger festival with more people there. I saw an article in the paper when we were here the previous Christmas about the Christian Festival being in Woodland Park again the next June. I hoped to go then. Andrew Wommack would be there speaking to us. I enjoyed him on TV. He is moving his *Charis Bible College* there to Woodland Park, CO.



Andrew Wommack

I told George I would adjust my expectation now to be whatever the festival is, not what I thought or hoped it would be previously. Matthew Ward was the last of the Christian singers/songwriters ministering to God and the people. His songs "Bring Me to the Cross" and "Consume Me" touched me to tears of joy to hear a man express my own heart, in his songs. We bought the CD afterwards, "Even Now" by Matthew Ward.



Matthew Ward

I am still moved when I hear it, like a breath of clean, fresh air comes and soothes, encourages, and moves me forward. A deep, glorious, Breath of Life. Thanks, Matthew, for being surrendered to God and obedient to learn your lessons and share them with all of us. What a glorious way to end two days and a evening of anointed worship, arts, dance, comedy, lessons, food, and great fellowship with sweet believers.



**G.W.P.Photos
Teens dancing**

Mark and Denise Abernathy were great fun. Neither George nor I was in any way disappointed! SonLight had come and dissipated the darkness. My old auto pilot was turned off. My viewpoint and expectation was changed. Instead of expecting the whole festival to be ideal and Heavenly, I found the Heaven part of it meant for me to enjoy and received it. Idealism is partly what the change was for little Amy had high ideals and therefore high expectations that carried through my viewpoint on auto pilot.

I know we are here partly to learn lessons and grow in the stature and wisdom of Christ In us the Hope of Glory,Lk.2:52, Col.1:27. Sometimes we need the Body of Christ to lovingly pray over us, in singing, counsel, teachings, or writings of Truth in joyful encouragement, until we can catch for ourselves what we need to learn to float within our full potential In Christ, and peacefully live at high tide, fulfilling the general and our specific purpose In Him.

The general purpose is Christ In us the Hope of Glory, to worship and witness. To rest In Him and serve. Fellow Christians had done all these things for others, and sent out prayers and praise to whosoever shall receive. George and I were two who received. Thank you so much, earthly Body of Christ, for loving the GodHead and people. God promised to bless those who bless us, so, "please bless these folks in the way they need, Jesus, Holy Spirit and Heavenly Father. Thank you."

Here again were more of the "things of the natural exemplifying the things of the Spirit" lesson at Vallecito Lake, the scripture Rom.1:20. The *wonderful fresh, clean, cool breeze* blowing and we wanted all the windows and our door open to it. Ahhhhhh, it is so good. Take a deep breath yourself and receive the freshness of Jesus here with me.



I pray the Holy Spirit blows upon the windows of your soul now and refreshes, relaxes, and opens apertures in your understanding to receive His Sonlight. Receive also the fullness of His Potential in you and the flowing fulfillment of His Purpose for your life In Him for His Glory. Here is the sun glinting and sparkling upon the high waves coming towards us as we saw at Vallecito Lake. May many waves of the Holy Spirit with His SonLight glinting and sparkling catch your attention and you receive also with shivers of Peace in your soul as I did, and more so.

Receive by faith. You receive His Salvation and Lordship over you by faith in Him and what He already did for you over 2000 years ago, now receive His fullness of potential and fulfillment of His purpose by faith. If you keep watching and thank Him, He will show you and by Grace work it out. Because of Jesus and the already completed work of His Cross, as a Christian, His Kingdom has already come in your earthen vessel as in Heaven, you just need to have your viewpoint cleared and raised.

It happens a little at a time. Jesus knows when to be our Teacher with gentle SonLight and when to be our Doctor with His lazar SonLight to sever and heal. He is our Deliverer in many ways, from out of darkness and into His marvelous Light. *"But you are a chosen generation, a royal priesthood, a Holy nation, a people of His own, that you should show forth the praises of Him who has called you out of darkness and into His marvelous Light," 1Peter 2:9.*

I think what took this long to pay attention and see what Jesus was teaching me was that I knew my family, friends, teachers, all those influences around me,

were doing the best they could with what they knew and were capable of. So was I. I did not know I had childhood darkness in my thinking undermining me.

What brought it to a head was 50 years later, my Mother and husband Ed dying 6 weeks apart in 2006. Then a close friend. History was repeating and I was seeing myself as a useless disappointment. One statement my Mom had said just before her death freed me somewhat and kept me going, "Amy, we have seen lots of miracles, sweetie. If this was happening to me at 19 I'd be mad, but at 91, I'm ok with it."

"Thank you, Lord for your patience and diligence with me in making me a child of your Light, in Jesus Name, amen."

"For you were once darkness, but now are you Light in the Lord; walk as children of Light," Eph.5:8.



G.W.P. Photo of Dames Rocket

The *tall purple welcoming flowers* we saw coming into the Park were Dames Rocket. I laughed when I heard that! The Vallecito Lake's RV Park gardener had planted huge beds of them. They were chest high, sweet and friendly, as you strolled along a path between them. They looked like a living impressionist painting. He said they were annuals, but he collected the seed and spread them each year, producing more and more areas of intense flowers.

The Lord had spoken to me long ago telling me I was "a flower in the Kingdom of God and even Solomon was not arrayed such as one of these." I thought He

meant a Rose for years, but now maybe I am like this Dames Rocket flower, too. Hopefully, it's a wild flower and our gardener Jesus and *His little birds* collect and spread His SonLight seed of the everlasting Gospel, Rev.14:6 and Lk.4:18-19. Even little birds have a place in the Presence of Jesus, Ps.84:1-4. Surely we do too as His family.

Today I played another CD we bought at the Festival. *Living Worship* by Charlie and Jill LeBlanc. Sweet songs of worship and deliverance surrounded me. The anointing of God does break old yokes of burdens not intended for you by God, 2Cor.21:21-22 and 1Jn.2:20.

Smell the *fresh scent of cedar* in the air? Speak to God in prayer and wave with songs of deliverance, Ps.32:7. You can use anointed worship CD's to receive for yourself and send the anointing of God by Grace that surrounds you to others by the Holy Spirit and faith in Jesus Name. Speak "SonLight Be! In my understanding and ____ (speak the other person's name here) today, In Jesus Name, whose Name is above all names, including ours!"



Call a friendly hello when you see the other person literally, and when the Holy Spirit inspires you, welcome them in to receive SonLight in their understanding and see with Jesus' Higher viewpoint in this clean fresh sacred place as you did; free from disappointment, discouragement, depression, and fear of failure.



Watch how often the spiritual and the natural line up. Don't go overboard with this, just as the Holy Spirit points things out. I realized this morning that before our trip out here to CO. this summer, I went to the eye Dr. and he gave me a new type of contact lens to try and to my delight I literally do see better! It was a good start.



G.W.P. Photo at Lake Vallecito

Anyways, in the Lord's view, first I was like unto a Rose as Life, then a Dame Rocket as seed, now a cedar? *Cedar* is in scripture, Ps.92:12-13, and rather like a "pillar". It reminds me of the scripture in Rev.3:12, "*Him that overcomes will I make a pillar in the Temple of my God, and he shall go no more out; and I will write upon him the Name of my God, and the Name of the city of my God, the New Jerusalem, which comes down out of Heaven from my God; and I will write upon him my new Name.*"



Alright! Amen, Lord, we receive! To Overcome and stay in your Presence in the Your Temple. We are the Temple of God and the Holy Spirit dwells within, 1Cor.3:16.

Let it be done in us, as the Lord prayed in His Prayer, in this earthen vessel as in Heaven. Fill us with your SonLight, Jn. 1:4, cause us to see through Your Higher viewpoint, thoughts, and ways, Isa. 55:9, and be overcomers In You by Grace; pillars in your Temple, and no more going out from your Presence.

We receive *Your Name, Jesus*, upon us. The appointed, encouraging, children of SonLight; filled with our full potential of Christ being formed in us the Hope of Glory, Col.2:9-10, Gal.4:19 and Col.1:27, and successfully fulfilling our purpose to glorify Him in whatever way He wants and inspires.

By His Great Grace, Acts 4:33, He will cause us to be in a state of Living at High Tide. He already turned your weaknesses into His Strength by His stripes healing you of all things and problems at the Cross over 2000 years ago, Isa.53:5. We partake and receive, receive, receive, Col.1:12, Mk.11:24. He really does work all things to our GOOD!

"...When the enemy shall come in like a flood, the Spirit of the Lord shall lift up a standard (Jesus) against him," Isa.59:19.



I AM The Light by Hohlbohm

"Then shall you delight yourself in the Lord; and *I will cause you to ride upon the high places of the earth*, and feed you with the heritage of Jacob, your Father; for the mouth of the Lord has spoken it,"Isa.58:14.



G.W.P. Photo

"See" the wave coming at you? This "high tide" may look like a flood that could take you under and drown you, but look! The Lord in His sparkling SonLight is gloriously riding atop it!

Look up, lift your arms to receive and say "Yes, Lord!", and ride, freely and buoyantly, atop the wave with Him wherever He takes you.



Ride on!



G.W.P Photos



Alexandria and friends



**Gracefully expecting to "see" Leaves of Change this year with a new viewpoint,
and put a smile on Jesus' face!**

