

# SonLight & Laughter

Sept. 05

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Alexandria & Friends  
(Print out and read)



Show us Your Ways, teach us Your Paths, Ps.25: 4.

## Fullness Hope - fullness

A "Respite" is a temporary intermission, the grant of a reprieve, an interval of rest.

**It is my delight to report a new personal experience of this to you. I keep sharing and expecting God to personally be, do, speak, and bless you as He has me in my areas and then more so into your personal life. I know I am a jump-starter for you to realize that the Holy Spirit, The Hand of Heaven, is your best Friend, and that He, Jesus, and Our Father and their Angels really do make the Word alive to you, in you, and go through you into others, to live now in these earthen vessels, as it is in Heaven. The Word is Alive and all written therein is applicable to you personally as the Holy Spirit reveals.**

**This is my simple example and experience of it. It was all the Lord's doing.**

**Our back yard to the river that you have seen before in photos, is very steep and requires spraying 3 x's a year to keep the poison ivy and oak at bay (yup I have cursed this stuff at the root and it does die - but still pops up in new places from the birds and squirrels...now that is a lesson in itself when you think of it) and we asked our son to come visit and weed-eat and spray. I figured we would grill out Sunday so I bought chicken. No fancy sides planned though. I expected three of us.**

**This is quite a strenuous, difficult, hot job and I had done it usually, but I was stressed out lately, so I appreciated Elijah coming. I had felt like I had come to the end of my Hope and I had asked for prayer. I had no idea what was wrong with me. I had to put false guilt into the Cross over having to ask my son come and do my job. As of this day my husband is still in the wheelchair, so I could not expect him to do it either. Elijah showed up and worked really hard and quickly as youth can do. I was feeling thankful and proud of him.**

**Then our other son, Ethan, came too. With his girlfriend. He helped his Dad with a computer problem. I was surprised they all stayed overnight. Usually they have a cookout at their own house on Labor Day.**

**Elijah went to get our friend Nate who was recuperating from having had an operation on his ankle. They all stopped to pick up their Grandma from in a nursing home and their Dad from his treatment at the Dialysis Clinic.**

**This is the thing here. I usually am the one to plan, invite, shop, clean the house, prepare, cook, host, entertain, and clean up at all our family gatherings. I do the whole deal. I was tired and not expecting anything at all for this holiday.**

**WELL! I went out on the back deck and found it was actually cool. Ah, first time in months I could sit outside and not sweat. My first joyful surprise. I sat out there and enjoyed the view. A Peace settled over me and calmed my interior as well. The wisteria had grown to make an umbrella over the portico and it was beautiful. The butterfly vine had traveled up two stories with the wisteria and was feather soft and gentle with red flowers. (Remember, I told you about that vine the birds planted, along with the watermelon one year. It still comes up by God's Grace each year.)**

**The kids actually went to the store and bought all sorts of sides to cook, even desert, and they cooked it all themselves. Soon all the people were out enjoying the shady deck and we all ate**

out there even if it was rather dirty. The kids served the food, and cleaned up the kitchen. All while I rested and watched in awe.

I realized a new Hope was residing in me now for whatever the next round was that I was to deal with. God had transferred the gauntlet, so to speak, and they had all picked it up (by the Grace of The Holy Spirit really) and ran with it. I personally needed to see that all the years of planting and exampling the seeds of God's Love and Service had not been in vain. I did not realize that until this day. These were the seeds planted by Grace on purpose. Then there were others who watered, fertilized, and pulled their weeds too, many unintentionally. Now I saw many others will be blessed by Grace through these vessels because of Jesus and The Already Completed Work of His Cross, and those working cooperatively together within the Body of Christ.

I felt rested, renewed, refreshed, and oh so thankful. What the Lord does for me, He does for others when I share what He has done. So, I shared this at the CareGiver's meeting. As I began I realized – hey, there is a scripture that goes with this. I thought I was just giving a Good Report. I said I have heard of literal weekend Respite Houses for CareGivers of retarded children, but I did not know of any for CareGivers of Dialysis patients.

God had a better plan for all of us. A surprise Respite right where we are at. To fill us with His Hope. Either old places we did not know we needed renewed Hope in to continue diligently on that path He has already set, or Hope in new places for where He is about to take us , a new path we have not been on yet.

Hope and Trust seem to go hand in Hand. Our hand reaches for the Hand of Heaven, the Holy Spirit, and He is there as faithfully as a parent taking a child's hand extended in trust, as the child goes into an unknown, uncertain world.

I had started out calling this Fullness Respite, but the Lord showed me to share the bigger picture with you so you can also "catch" how to watch and interpret what the Lord does for you personally and to share it with others. The Lord and His Doings are not an exact science for us to share the "how to" legalistic formulas, but Grace will give you the understanding how to apply, watch and learn to report your own experiences the Holy Spirit teaches you. If He can get my attention and teach me, He can do that and more so for you. It takes humility and obedience to yield and learn and share. The effect is the responsibility of the Holy Spirit upon the hearer by Grace. As you share, you will see more and more to share till you can hardly keep up with the exciting lessons learned.

I saw the Respite first, then saw the reason for the respite was more important. Being filled with Hope more and more FULLY was the goal, which as I said before, builds TRUST. Trust in the GodHead while we are on this earth is a foundational piece of Christianity and this ministry. That could be on the Header of each Newsletter.

As Christians, we may have all Hope within us, but we only realize it a bit at a time. I use terms of being "filled more" because it is picture-making in the mind and heart and that helps to understand and establish it. Realizing and actualizing Hope is probably more accurate terminology. But most often the simple form of words works best within people's

understanding. Often when Jesus spoke He said, "It is written...and He paraphrased the rest." He did not even speak out the exact book, chapter and verse. The Word and the Spirit work together by Grace in your life and understanding. He can and will personalize the Living Word for and within you and your life. This is why I speak, "Light Be! In your understanding," all the time. SONLIGHT. He reveals Himself in you, to you.

Jesus liked to surprise the disciples, pull them aside and cook bread and fish for them. He fed them, refreshed them, renewed them in All Things and Ways. Physically, mentally, emotionally, spiritually. And financially, in giftings, callings, talents, motives, education, preparation, relationships, and sexually too. I am sure they talked as He cooked and they all ate together. Can you imagine the real live Jesus doing this for you? He is Lord of our whole life. What concerns us, concerns Him to help us with attaining His attitude of "we already have all we need for He sent it 2000 years ago". We need to Receive His Already Completed Work in many new areas continually. I had Hope for my children and family through teenage years whether it be literal or spiritual aging, but I hit a stop gap at Hope in believing The Holy Spirit to take these extremely intelligent and strong willed people I knew them to be, over into adulthood In Christ. Hope gave me assurance that He got them this far, He can go the distance with them better than I. A new permanent REST came into old work places, that I could let go of them all and trust Him to continue their training without me in the picture anymore. This was happening with "spiritual " children at the same time. HOPE, TRUST, and REST. Three Hands entwined, as the three fold cord that cannot be broken. The Holy Spirit, Jesus, and Our Father: the GodHead. Our part is to holdfast, agree, receive, give thanks, and share them by obedience.

Now, Christ In the form of these kids, were calling me aside, cooking and feeding me. (And cleaning up!)

I was rested, refreshed, renewed: By Grace more HOPE-FULLY filled in old and new places. Now that is a miracle to me.

Jesus appears to His 7 Disciples after His Resurrection by the Sea of Galilee. They had tried fishing on their own to no effect, then with Jesus' instructions to "Cast the net on the right side of the boat and you will find." So, they were fishing In Jesus Name this time. They were successful, dragging in a loaded net of fish. I am sure they were worn out. **Then Apostle John 21:9 starts with " As soon, then, as they were come to land, they saw a fire of coals there, and fish laid on it, and bread.**

**Jesus said to them, Bring of the fish which you have now caught.**

**Simon Peter went up, and drew the net to land full of great fish, a hundred fifty three; and although there were so many, the net was not broken.**

**Jesus said to them, Come and dine. And none of the Disciples dared ask Him, Who are you? Knowing that it was the Lord.**

**Jesus then comes and takes bread, and gives them, and fish likewise.**

**This is now the third time that Jesus showed Himself to His Disciples, after He was risen from the dead."**

**It goes on to say that after they refreshed and ate, Jesus spoke and Restored Peter to serve Him not only In His Name, but also In the motive of His Love. That is Hope restored in old places, for Rest. Then He spoke to Peter of the Path to come, that he will stretch forth his hands and be lead into new places of service and sacrifice that he would not choose in his flesh to enjoy going. He exhorted Him to glorify God and "Follow Me." He ends by saying not to concern yourself or compare yourself with the seeming easier walk or greater obvious favor of other Disciples. All Disciples and each part they have and do, is equal to the Lord. He Loves us all, Jn.21:9-25. It ends here by saying the Disciple John who wrote this was there, experienced this, and is testifying of it all to you now and that he will live forever In the motivational Love of God. He had not done something wrong, but needed to be confirmed and encouraged to continue the way and path the Lord had him on already. Jesus wants us all to Serve Him In His Name, and In the Motivation of His Love. HOPE-FULLY.**

**Expect, listen for His call, cooperate, watch for what the Lord is doing for you, and testify of YOUR Respite. He gave me mine, I ask Him in Jesus Name, to give you yours. Hope-fully, I believe He will.**

## **Prayer**

**" Heavenly Father, Jesus, Holy Spirit,**

**Please open my eyes, ears and heart to recognize and receive a Respite from you. Feed me, fill me. Restore, renew, refresh me with Your Hope...FULLY. Trusting, and Resting In You. You are in all my old places of Hope and experience, and in new ones that I don't even know are coming at this point. Thank you Lord, In Jesus Name, I RECEIVE."**

## **Laughter**

**The Lord likes to leave you laughing, so here goes...**

**One Sunday morning the pastor noticed little Alex was staring up at the large plaque that hung in the foyer of the church. The plaque was covered with names and small American flags were mounted on either side of it. The seven year old had been staring at the plaque for some time, so the pastor walked up, stood beside the boy, and said quietly, " Good morning Alex." "Good morning pastor," replied the young man, still focused on the Plaque. "Pastor McGhee, what is this?" Alex asked. "Well, son, it's a memorial to all the young men and women who died in the service."**

**Soberly, they stood together, staring at the large plaque. Little Alex's voice was barely audible when he asked, "which service, the 9:00a.m. or the 11:00a.m.?"**

**Smiling, Alexandria**

**"SonLight Be! In your understanding today!"**

+ Please inform us when your e-mail address changes

+Or if you want to be off our list

+Please send us testimonies of results from applying The Already Completed Work of Jesus' Cross. (Remember to print/read The Excerpt of The Already Completed Work of Jesus' Cross Prayer HandBook from off the website)

+ Please send this e-mail to a friend and encourage them to visit the Website [www.fullness.org](http://www.fullness.org)

+ Come again to visit us too      See you soon!